

Objectives

This advanced NDT seminar will focus on normal movement during function, with an emphasis on the trunk and postural control.

During the seminar, the participant will:

Analyze functional tasks to determine:

- essential postural control and movement components of the task
- specific trunk, pelvis, and lower extremity movement components required
- typical variations in performance of the task

Evaluate atypical task performance by individuals with nervous system pathology (primarily CVA) to determine:

- atypical performance that is useful to the patient's overall functional recovery
- atypical performance that may hinder subsequent recovery
- alternative ways for the patient to perform the task and the rationale for choosing them

Use NDT problem solving to effectively determine:

- when a patient is ready to work on function
- which functions might be possible, given the individual's available movement components
- when the patient needs to work on underlying impairments to be able to do a functional task
- which movement components are essential (and must be addressed) in order for a specific function to be possible
- appropriate functional task sequencing for clinic activities as well as HEP activities
- activities and progression of home activity program, including decision-making regarding compensatory patterns that may be present, enhancement of the individual's potential for continued functional recovery

Discuss functional tasks and home program activities that are appropriate for patients at various levels of recovery.

Demonstrate skill in treating patients, including:

- adapting strategies to meet the needs of the individual
- connecting treatment strategies in an effective progression
- balancing time spent on function with time spent addressing critical movement components
- using adjuncts and equipment to optimize the effect of treatment and the patient's return to function
- setting and achieving functional goals

Registration Information

Registration fee:
NDTA members \$795.00
Non members: \$895.00

(The NDTA charges an \$100 fee for non- members of the NDTA to attend NDTA approved courses. Income generated through non-member fees is used to support NDTA programs and activities.) Information about joining the NDTA can be obtained by calling (800) 869-9295.

Registration fee includes refreshment breaks and handouts.

Registrations will be accepted in the order they are received until the course is full. Enrollment is limited in order to provide an optimal learning experience.

This course is open to physical, occupational, and speech therapists who have successfully completed the NDTA adult or pediatric certificate course. A copy of your NDTA Certificate of Completion must be included with your application.

The NDTA, Inc. requires that all NDT course participants have personal malpractice insurance that covers them during patient practicums at this course. Participants must provide proof of malpractice insurance in the amount of \$1 - 3 million which covers them at this course, not just at their place of employment. Please include a copy of the face sheet from your policy (or that of your facility if they are covering you during the course activities) indicating your name, policy number, amount of coverage, and effective dates.

All participants must be recognized in their state or country as certified, licensed, or registered occupational, speech, or physical therapists. Applicants must include a copy of professional license or registry with their application.

Refunds will be given (minus a \$50.00 administrative fee) for any cancellations received before April 1st, 2012. After that time, no refunds will be given.

Participants are requested to bring/wear clothing appropriate for labs and for patient treatment.

Course Schedule

The course will be held from 8:00 AM - 5:00 PM Wednesday through Saturday, and 8:00 AM - 1:00 PM on Sunday.

Application Form

Return application form and registration fee to:

Monica Diamond, PT, MS, C/NDT
5403 Middleton Drive
Greendale, WI 53129
Email: diamondpt@aol.com
Web site: www.diamondpt.info
Phone: 421-8427 (leave message-call will be returned)

Please make checks payable to:
Monica Diamond.

Name _____

Address _____

City/State/Zip _____

Home Phone _____

Employer _____

Address _____

City/State/Zip _____

Work Phone _____

Profession _____

Email _____

Date and Instructor of Basic AH or Peds NDT Course:

Be sure to include:

1. A copy of your Certificate of Completion from your NDTA Certificate course
2. A copy of your Professional License.
3. Proof of malpractice insurance.
4. A check for payment of the registration fee.
5. Copy of NDTA membership card, if applicable

*AOTA and FPTA CEU's have been applied for.
The course will consist of 35 hours of instruction.*

NDT / BOBATH
ADVANCED COURSE:
FACILITATING
NORMAL
MOVEMENT
DURING
FUNCTIONAL
ACTIVITIES

A Neuro-Developmental
Treatment Association, Inc.
Advanced Approved Course
for the
Management and Treatment
of Adults

April 11 - 15, 2012
Monica Diamond, PT, MS, C/NDT
NDTA Coordinator Instructor

HEALTHSOUTH Sunrise
Rehabilitation Hospital
4399 Nob Hill Road
Sunrise, FL 33351-5899

Course Location

HEALTHSOUTH - Sunrise Rehabilitation Hospital
4399 Nob Hill Road
Sunrise, FL 33351-5899
(Ft. Lauderdale area)

Housing information will be sent with course confirmation.

Participants in this five-day Advanced NDT Course will learn advanced hands-on treatment and problem-solving skills with an emphasis on understanding and effectively facilitating normal movement patterns for most efficient function. Content will address a broad variety of functional activities addressed by PT's, OT's, and Speech therapists.

Course format will include lectures, labs, patient demonstrations, case studies, and practicum sessions in which participants treat actual patients. Participants will analyze the complex interrelationship of problems that occur in adults with neuromotor system diagnoses such as stroke, brain injury, and others. They will learn to identify the link between impairments and functional limitations, and will use that information to prioritize the individual patient's problems using the NDT clinical decision-making process. This will prepare them to develop and modify treatment strategies to best address the functional needs of their patients. The emphasis on hands-on assessment and treatment will enable participants to more effectively assist their patients to achieve their functional goals. Small group size will allow individualized mentoring and feedback to best meet the learning needs of each participant.

Course Instructor

Monica Diamond, PT, MS, C/NDT is an active Neuro-Developmental Treatment Association Coordinator Instructor and International Bobath Instructors Training Association (IBITA) member with over 20 years' experience teaching basic and advanced NDTA approved courses. She has over 30 years experience treating adults with neurological diagnoses and continues her clinical practice at Sacred Heart Rehabilitation Institute / Columbia St. Mary's in Milwaukee, WI. Monica received her bachelors and masters degrees from the University of Wisconsin – Madison. She holds adjunct faculty appointments and teaches Neuro-Developmental Treatment at several universities. She has completed clinical research and has presented at APTA, WCPT, and Neuro-Developmental Treatment Association national and international conferences.