

NDT/Bobath Advanced Course:
Facilitating Normal Movement During Functional Activities
A Neuro-Developmental Treatment Association Approved Advanced Course

April 6 - 10, 2016
HealthSouth Sunrise Rehabilitation Hospital
4399 Nob Hill Road
Sunrise, FL 33351-5899
(Fort Lauderdale Area)

Course Description:

Participants in this challenging five-day advanced NDT course will enhance their problem solving and patient care skills for treatment of neurologically involved adults. The goal of achieving meaningful change in function for individuals needing different levels of care will be addressed through discussion and treatment. Participants will be challenged to understand and address the significance of context when addressing mobility, self-care and communication skills. Course format will include lectures, labs, patient demonstrations, case studies, and problem-solving sessions in which participants implement treatment strategies on volunteer patients. Prioritization of each patient's strengths, as well as his or her impairments, will form the basis for development and implementation of successful treatment strategies for meaningful improvement in function.

- The course will be conducted according to the NDTA Advanced Course guidelines which require at least 35 hours of instruction in advanced NDT techniques, at least 5 hours of patient practicum, and at least 2 patient demonstrations.
- The course is open to PT's, OT's and SLP's who have successfully completed the NDTA Basic Certificate Course in Management of Adults with Stroke or Brain Injury or the NDT/Bobath Certificate Course in the Management and Treatment of Children with Cerebral Palsy and other Neuromotor Disorders. (content will be presented in relation to adult patients).

Objectives:

During this NDTA approved advanced course, participants will:

- Explore function as it relates to therapy goals for different disciplines and in different care settings
- Explore the significance of meaning and context, and how these concepts help direct the plan of care for each individual
- Explore current scientific evidence related to the achievement of functional goals
- Explore movement components required for various types of function, with a particular emphasis on postural control and the interrelationship of all parts of the body
- Improve their skill in recognizing movement errors that will most significantly limit function, as well as identifying components that are most needed
- Utilizing the NDT clinical decision making process to recognize and address the individual's most significant underlying multi- and single-system impairments
- Develop treatment strategies that address facilitating for function and in function
- Consider the flow and progression of therapy within sessions and between sessions to most efficiently achieve meaningful short and long term goals
- Document changes in function that justify the need for therapy services.
- Implement advanced level assessment and treatment skills; prioritize problems effectively and address multiple problems simultaneously.
- Evaluate the effectiveness of treatment; provide an explanation using NDT theory.
- Describe and demonstrate modification of treatment strategies to achieve functional goals.
- Discuss effective use of equipment and adjuncts; discuss their relevance; provide a rationale for their use in specific patient situations.
- Evaluate current scientific evidence for neurological therapeutic intervention and for the NDT treatment approach.

COURSE SCHEDULE:

The course will be held from 8:00 AM - 4:30 PM Wednesday through Saturday, and 8:00 AM - 1:00 PM on Sunday.

Monica Diamond, PT, MS, NCS, C/NDT, is an active Neuro-Developmental Treatment Association Coordinator Instructor and International Bobath Instructors Training Association (IBITA) member with over 25 years' experience teaching basic and advanced Neuro-Developmental Treatment Association approved courses for management of adult neuro patients. She has over 30 years' experience treating adults with neurological diagnoses and continues her clinical practice at Sacred Heart Rehabilitation Institute at Columbia St. Mary's in Milwaukee, WI where she treats patients in the acute rehab program, the inpatient brain injury and coma programs, the OP neuro rehab program, and the brain injury day treatment program.

Monica received her bachelors and masters degrees from the University of Wisconsin – Madison and teaches NDT as an adjunct faculty member at several universities. She has completed clinical research and has presented at APTA, Neuro-Developmental Treatment Association and WCPT national and international conferences.

Takashi Misuda, PT, DPT, C/NDT is an NDTA PT instructor for adult hemiplegia, currently working at a community hospital in Silverdale, WA. He has over 15 years of clinical experience as a physical therapist and enjoys working with the adult CVA population in a variety of clinical settings. He earned his BA in history at Hiroshima University in Japan, then traveled to the U.K. to complete a BSc in physical therapy. He earned his DPT in 2015. He is an adjunct faculty member at a local PTA program and enjoys teaching neurological rehabilitation, movement analysis, and therapeutic handling.

REGISTRATION INFORMATION

Registration fee:

NDTA members \$995.00

Non members: \$1200.00

(The NDTA charges a fee of \$205.00 for each non-member of the NDTA to attend NDTA approved courses. Income generated through non-member fees is used to support NDTA programs and activities.)

Information about joining the NDTA can be obtained by calling (800) 869-9295.

Registration fee includes refreshment breaks and handouts.

Registrations will be accepted in the order they are received until the course is full. Enrollment is limited in order to provide an optimal learning experience. This course is open to PT's, OT's, and SLP's who have successfully completed the NDTA Basic Certificate Course in Management of Adults with Stroke or Brain Injury OR the NDT/Bobath Certificate Course in the Management and Treatment of Children with Cerebral Palsy and other Neuromotor Disorders. Course content will be presented in relation to adult patients. **A copy of your Certificate of Completion must be included with your application.**

The NDTA, Inc. requires that all NDT course participants have personal malpractice insurance that covers them during patient practicums at this course. **Participants must provide proof of malpractice insurance** in the amount of \$1 - 3 million which covers them at this course, not just at their place of employment. Please include a copy of the face sheet from your policy (or that of your facility if they are covering you during the course activities) indicating your name, policy number, amount of coverage, and effective dates.

A copy of your state license is also required for patient treatment. Please submit it with your application. Refunds will be given (minus a \$50.00 administrative fee) for any cancellations received before March 25th, 2016. After that time, no refunds will be given.

Participants are requested to bring/wear clothing appropriate for labs and for patient treatment.

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APPLICATION FORM

Return application form, required documentation (see below) and registration fee to:

Monica Diamond, PT, MS, NCS, C/NDT

5403 Middleton Drive

Greendale, WI 53129

Questions: (414) 421-8427 (leave message - call will be returned)

Please make checks payable to:

Monica Diamond.

Name _____

Address _____

City/State/Zip _____

Personal Phone _____

Employer _____

Address _____

City/State/Zip _____

EMAIL ADDRESS: (very important!) _____

Profession _____

Professional School Attended: _____ Date of Grad: _____

Highest Degree Earned: _____ Date Earned: _____

Please carefully print your name and credentials the way you'd like them to appear on your course completion certificate
(e.g. PT, DPT, OTR/L). Include commas and periods as you'd like them to appear.

Date and Instructor of Basic AH or Peds NDT Course: _____

PLEASE BE SURE TO INCLUDE:

1. A copy of NDT Certificate of Completion.
2. A copy of your State License.
3. Proof of malpractice insurance.
4. Check for payment of registration fee.
5. Copy of NDTA membership card, if applicable.

APPLICANTS WHO SUBMIT COMPLETED APPLICATIONS WITH ALL REQUIRED INFORMATION
WILL BE ACCEPTED IN THE ORDER IN WHICH THE APPLICATIONS ARE RECEIVED.